Record Nr. UNINA9910792064303321 Autore Bryant-Waugh Rachel Titolo Eating disorders: a parents' guide / / Rachel Bryant-Waugh and Bryan Lask Hove, East Sussex [England];; New York:,: Routledge,, 2013 Pubbl/distr/stampa **ISBN** 1-135-06769-4 0-203-37522-X 1-299-28037-4 1-135-06770-8 Edizione [2nd ed.] Descrizione fisica 1 online resource (201 p.) Altri autori (Persone) LaskBryan Disciplina 616.85/2600835 Soggetti Eating disorders in children Eating disorders in adolescence Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Description based upon print version of record. Nota di bibliografia Includes bibliographical references and index. Nota di contenuto What are eating disorders? -- What causes eating disorders? -- How do I know if my child has an eating disorder? -- What can I do? general principles -- What can I do? specific problems -- Who should I consult and what will they do? -- What about the future? -- Case vignettes. Sommario/riassunto Eating problems are common in children and teenagers. Yet myths about such problems abound and it can be very difficult to separate the facts from popular beliefs; unusual or disturbed eating patterns can be understandably bewildering and distressing for parents. Whatever aspect of your child's eating behaviour is causing you concern, this book will help you understand some of the more common reasons why problems arise, and will give you advice on what you and others can do

edition of Eati

to manage the situation. Written by two experienced clinicians, this new