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Altri autori (Persone)	TurkingtonDouglas BergeTorkil GraweRolf W
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Nota di contenuto	Cover; Title Page; Copyright Page; Contents; Figures and tables; Contributors; Acknowledgements; Preface; Part I Cognitive models of psychosis and their assessment; 1 Introduction: CBT for psychosis: A symptom-based approach; 2 Cognitive models of auditory hallucinations; 3 Cognitive models for delusions; 4 Assessment for symptoms of psychosis; Part II The practice of CBT for persons with psychotic symptoms; 5 The therapeutic alliance in cognitive behavioral therapy for psychosis; 6 Using normalising in cognitive behaviourl therapy for schizophrenia 7 Cognitive behaviour therapy and early intervention8 Command hallucinations; 9 Cognitive characterization and therapy of negative symptoms and formal thought disorder; 10 Staying well After Psychosis; 11 Implementing cognitive behaviour therapy for psychosis; Part III CBT and co-occurring problems; 12 The treatment of substance

misuse in people with serious mental disorders; 13 treating trauma in people with first-episode psychosis using cognitive behavioural therapy; 14 Integrating the family in the treatment of psychotic disorders
15 Psychological interventions to improve work outcomes for people with psychiatric disabilities
Part IV CBT and bipolar disorders; 16 The psychology of bipolar disorders; 17 Cognitive theory and therapy of bipolar disorders; Name index; Subject index

Sommario/riassunto

This book offers a new approach to understanding and treating psychotic symptoms using Cognitive Behavioural Therapy (CBT). CBT for Psychosis shows how this approach clears the way for a shift away from a biological understanding and towards a psychological understanding of psychosis. Stressing the important connection between mental illness and mental health, further topics of discussion include: the assessment and formulation of psychotic symptoms show to treat psychotic symptoms using CBT
CBT for specific and co-morbid conditions
CBT of
