Record Nr. UNINA9910791976903321 Handbook of cognitive-behavioral approaches in primary care **Titolo** [[electronic resource] /] / editors, Robert A. DiTomasso, Barbara A. Golden, Harry J. Morris New York, : Springer, c2010 Pubbl/distr/stampa **ISBN** 1-283-10015-0 9786613100153 0-8261-0384-7 Descrizione fisica 1 online resource (784 p.) Altri autori (Persone) DiTomassoRobert A GoldenBarbara A MorrisHarry (Harry J.) Disciplina 616.89/1425 Soggetti Cognitive therapy Mind and body Psychophysiology Primary care (Medicine) Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Description based upon print version of record. Note generali Nota di bibliografia Includes bibliographical references and index. Nota di contenuto Cover: About the Editors: Contents: Contributors: Foreword: Preface: Acknowledgments; I: General Considerations; II: Cognitive-Behavioral Techniques: Empirical Bases and Findings; III: Clinical Problems I: Common Behavioral Problems in Primary Care; IV: Clinical Problems II: Common Medical Problems in Primary Care; V: Conclusion and Future Directions: Index Sommario/riassunto The American Psychological Association, National Institute of Health, and the National Institute of Mental Health have strongly advocated for the integration of psychology and primary care, as the new, cuttingedge approach to health care delivery. To address this need for integration, this seminal text provides thorough descriptions of common psychological and medical problems that arise in primary care, and identifies cognitive-behavioral techniques to overcome these barriers. . Issues discussed include ethical dilemmas and

nonadherence, as well as the treatment of behavioral and medical pr