

1. Record Nr.	UNINA9910791930903321
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Titolo	Restless souls [[electronic resource] ] : the making of American spirituality / / Leigh E. Schmidt
Pubbl/distr/stampa	Berkeley, : University of California Press, c2012
ISBN	1-283-54323-0 9786613855688 0-520-95411-4 9780520954113
Edizione	[2nd ed.]
Descrizione fisica	1 online resource (361 p.)
Disciplina	204.0973
Soggetti	Spirituality - United States - History United States Religion
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Frontmatter -- Contents -- Preface To The Second Edition -- Introduction: Spirituality In The Making -- Chapter One. Mystic Club -- Chapter Two. Solitude -- Chapter Three. The Piety Of The World -- Chapter Four. Meditation For Americans -- Chapter Five. Freedom And Self-Surrender -- Chapter Six. Seekers -- Epilogue: Be Gentle With Yourself -- Notes -- Index
Sommario/riassunto	Yoga classes and Zen meditation, New-Age retreats and nature mysticism-all are part of an ongoing religious experimentation that has surprisingly deep roots in American history. Tracing out the country's Transcendentalist and cosmopolitan religious impulses over the last two centuries, Restless Souls explores America's abiding romance with spirituality as religion's better half. Now in its second edition, including a new preface, Leigh Eric Schmidt's fascinating book provides a rich account of how this open-road spirituality developed in American culture in the first place as well as a sweeping survey of the liberal religious movements that touted it and ensured its continued vitality.