

1. Record Nr.	UNINA9910791875803321
Autore	Frank Ruella
Titolo	The first year and the rest of your life : movement, development, and psychotherapeutic change / / Ruella Frank, Frances La Barre
Pubbl/distr/stampa	New York, N.Y. : , : Routledge, , 2011
ISBN	1-135-15740-5 1-135-15741-3 1-283-04506-0 9786613045065 0-203-85747-X
Descrizione fisica	1 online resource (199 p.)
Altri autori (Persone)	La BarreFrances
Disciplina	155.42/223
Soggetti	Nonverbal communication in infants Interpersonal communication in infants Motor ability in infants Infants - Development Parent and infant
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	The significance of the first year -- Why movement? -- Six fundamental movements -- Kinetic temperament -- Embodied history -- Working with parent couples -- Working with individual adults.
Sommario/riassunto	The movement repertoire that develops in the first year of life is a language in itself and conveys desires, intentions, and emotions. This early life in motion serves as the roots of ongoing nonverbal interaction and later verbal expression - in short, this language remains a key element in communication throughout life. In their path-breaking book, gestalt therapist Ruella Frank and psychoanalyst Frances La Barre give readers the tools to see and understand the logic of this nonverbal realm. They demonstrate how observations of fundamental movement interactions between babies and pa