Record Nr. UNINA9910791874803321 Favorite counseling and therapy techniques / / edited by Howard G. **Titolo** Rosenthal; with contributions by Albert Ellis. [et al.] Pubbl/distr/stampa New York:,: Routledge,, 2011 **ISBN** 1-135-19601-X 1-135-19602-8 1-283-04542-7 9786613045423 0-203-86977-X Edizione [2nd ed.] Descrizione fisica 1 online resource (357 p.) Altri autori (Persone) EllisAlbert RosenthalHoward <1952-> Disciplina 158/.3 Soggetti Counseling Psychotherapy Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Description based upon print version of record. Note generali Nota di bibliografia Includes bibliographical references. Nota di contenuto Serendipitous suggestion: an introduction to the wonderful world of psychotherapeutic techniques -- The dark side of techniques : beware of the Milton H. Erickson clone -- 15 techniques (listed alphabetically by therapist) -- Recommendations for effectively implementing counseling and therapy techniques. In the new edition of this highly popular book, Howard Rosenthal once Sommario/riassunto again brings together a group of prominent therapists who share their insightful, pioneering, and favorite therapeutic techniques. These therapists include such well-known figures as Albert Ellis, Arnold Lazarus, William Glasser, Raymond Corsini, and Allen E. Ivey. Many of the classic entries in the previous edition are once again included, some unaltered and others updated, while several new chapters have

For practitioners wondering what methods to us

been added to reflect the newest advancements in the counseling field.