

1. Record Nr.	UNINA9910791873003321
Autore	Vacha-Haase Tammi
Titolo	Psychotherapy with older men // Tammi Vacha-Haase, Stephen R. Wester, and Heidi Fowell Christianson
Pubbl/distr/stampa	New York : , : Routledge, , 2011
ISBN	1-135-83917-4 1-135-83918-2 1-283-04565-6 9786613045652 0-203-88165-6
Descrizione fisica	1 online resource (214 p.)
Collana	Routledge series on counseling and psychotherapy with boys and men ; ; v. 8
Altri autori (Persone)	ChristiansonHeidi Fowell WesterStephen R
Disciplina	616.890081
Soggetti	Older men - Mental health Psychotherapy for older people
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Life as an older man -- Gender and aging -- Therapeutic considerations in working with older men -- Transitions and life adjustments -- Depression -- Anxiety -- Health, chronic physical illness, and disability -- Management of substance use and abuse -- Cognitive impairment -- Concluding thoughts on psychotherapy with older men.
Sommario/riassunto	Growing older can be a time of great joy and satisfaction for men as they look back on their accomplishments and gain more free time, but it can also be a challenging and distressing experience, especially for those men raised with the very traditional notions of what it means to be a "real man." This book will help practitioners working with older and aging men understand the eras in which these men were raised, how they view the world, the gender role conflicts they experience, and the physical, mental, and emotional challenges and problems they face during the later stages of their liv

