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Collana	Sports and athletics preparation, performance, and psychology series
Altri autori (Persone)	Cancela CarralJose Maria Varela MartinezSilvia
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Nota di contenuto	Osteoporosis -- Rheumatoid arthritis -- Systemic lupus erythematosus -- Fibromyalgia -- Obesity -- Hypertension -- Diabetes mellitus -- Cardiovascular disease -- Asthma -- Chronic obstructive pulmonary disease (COPD) -- Multiple sclerosis -- Crohn's disease.