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Nota di contenuto	Happy Families: A Parents' Guide to the Non-Violent Resistance Approach; Acknowledgements; Introduction: What is Non-Violent Resistance?; 1: Avoiding Escalation; 2: The Declaration or Statement of Intent; 3: The Sit-In; 4: Going Public; 5: Telephone Rounds; 6: Linking; 7: The Sit-Down Strike; 8: Refusing Orders; 9: Reconciliation; 10: Summary: Empowerment and Readiness; Case Example - Thomas: Non-Violent Resistancein Practice
Sommario/riassunto	Parenting a severely disruptive child can be exhausting and demoralizing to the point where breaking the cycle of bad behaviour seems an impossible task. Happy Families offers a realistic, step-by-step, practical approach to tackling destructive behaviour that helps parents regain control and establish harmony within the family.