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Nota di contenuto	Rebuilding Lives after Domestic Violence: Understanding Long-Term Outcomes; Foreword; Introduction; About the project; About the book; Making the choice to respond; 1: A New Journey -With Old Baggage; Hopes and expectations; Effects of domestic violence and abuse; Making sense of the effects of abuse; The process of leaving; An emotional roller coaster; Summary; 2: The Transformation of Home; Women and home; Where shall I go?; Getting a property; Condition and maintenance; It's mine!; Settling in, moving on; Summary; 3: Building Support Systems; Working together Dealing with the nuts and boltsBuilding the capacity to cope; Moments of uncertainty; Saying goodbye; Help from the police; Approaching other agencies; Sorting out problems; Refuge workers' perceptions of their role; Families; Growth and change; Conclusion; Summary; 4: Community, Friendship and Beyond; Part of the community; Friendships with former residents; Feelings of loss and loneliness; 'Different place, same crap'; Changing outcomes; Finding their own pathways; Summary; 5: Managing a New Life; Counting the pennies; Managing debt; The

costs of working; Gaining qualifications

No way forward Pathways into work; Taking a break; Safety; Summary; 6: Health and Well-being; Physical health; Coping behaviours and strategies; Back from the brink; Easing the pain in daily life; Taking a stand; Good days, bad days; Someone to listen; Barriers to seeking help; Summary; 7: What About the Children?; On leaving; What domestic violence meant for the children; The consequences of abuse; Services; Education; Contact; Parenting; The changing family; A new picture; Summary; 8: The View from Here; A new way of being; Realignment; The refuge; Life after leaving; Rebuilding a life Women for women services? Conclusion; Summary; 9: Looking Forward, Looking Back; Moving forward; Reaching out to others; Messages from a new life; A final thought; Appendix 1: About the Project; Background; Theoretical approach; Making contact; Method; Ethical considerations; Participants; Appendix 2: Precis of Topic Guide for Interviews; Appendix 3: Resource Materials; Bibliography; Subject Index; Author Index

Sommario/riassunto

Rebuilding Lives after Domestic Violence examines in-depth the long-term outcomes for women who have suffered domestic violence and abuse, based on interviews conducted over seven years. Through these interviews the author reveals the factors which help or hinder a successful transition from abusive relationship to independent living.
