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Nota di contenuto	Cover; Contents; Series Editor's Preface; Acknowledgments; Preface; Chapter 1 - Aging Differently; Biological, Psychological, and Social Aging; Group Differences Versus Individual Differences; The Behavioral Genetic Perspective; Behavioral Genetic Methods; Family Designs; Adoption Designs; Twin Designs; Estimating Genetic and Environmental Influences; Developmental Behavioral Genetics; Summary; Chapter 2 - Biological Aging: A Quantitative Genetic Perspective; Theories of Biological Aging; Human Genetic Disorders of Premature Aging; Programmed Theory of Aging; Neuroendocrine Theory Wear and Tear Theory Somatic Mutation Theory; DNA Repair Theory; Waste Product Accumulation Theory; Free Radical Theory; Immune System Theory; Familial Longevity; Health and Disease; Self-Rated Health; Cardiovascular Disease; Hypertension; Adult-Onset Diabetes Mellitus; Cancer; Summary; Chapter 3 - The Origins of Psychological Aging; Cognitive Functioning; General Intelligence; Fluid (Mechanic) Versus Crystallized (Pragmatic) Intelligence; Memory; Cognitive Decline; Cohort Differences in Cognitive Functioning; Summary; Personality; The "Big Five" Dimensions of Personality; Locus of Control Type A Behavior Coping; Self-Concept; Longitudinal Analyses; Summary;

Psychopathology; Dementia; Depression; Summary; Chapter 4 - The "Nature" of Social Aging; Social Support; Family Relationships; Life Events; Socioeconomic Status; Summary; Chapter 5 - Human Behavioral Genetics and Aging; What Do We Know?; Implications for Theory; Implications for Research; Implications for Intervention; Conclusions; References; Index; About the Author

Sommario/riassunto

After an overview of family, adoption and twin studies of genetic and environmental influences, Bergeman examines such topics as longevity and health research, cognitive functioning, personality and psychopathology, and social support.
