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Altri autori (Persone)	GlasserPaul H
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Sommario/riassunto	This highly practical guide for both experienced and novice professionals and students reveals the steps involved in the crucial first meeting with a client. The authors approach the task of an initial interview by providing an overview of the therapeutic process and what to expect from clients. The book also explores the practical basics of therapy - counsellor-client roles, physical settings, communication dynamics, assessment and diagnosis, record-keeping, goals and

contracts and trust-building. Individual chapters discuss specialist topics such as working with couples and families, the rol

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