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	Sommario/riassunto	Changing Paths: Travels and Meditations in Alaska's Arctic Wilderness is an autobiographical exploration of author Bill Sherwonit's relationship with the Alaska wilderness. Written in three parts, it first describes Sherwonit's introduction to the Brooks Range and his years as an exploration geologist. Taking a step back, the author then takes us into the past to explore his childhood roots in rural Connecticut and his recognition of wild nature as a refuge. He concludes with his emergence as a nature writer and wilderness advocate. An engrossing, fascinating, and eye-opening tale of one man's.