

1. Record Nr.	UNINA9910791303703321
Autore	Stice Eric
Titolo	Body Project [[electronic resource]] : Promoting Body Acceptance and Preventing Eating Disorders - Facilitator Guide
Pubbl/distr/stampa	Oxford University Press, USA, 2007
ISBN	0-19-972743-0
Descrizione fisica	1 online resource (149 p.)
Collana	Treatments That Work
Altri autori (Persone)	PresnellKatherine
Disciplina	616.8526
Soggetti	Body image disturbance Body image Eating disorders Psychotherapy, Group Self Concept Body image disturbance - Treatment Eating disorders - Prevention Mental Disorders Perception Investigative Techniques Personality Development Socioenvironmental Therapy Mental Processes Psychotherapy Personality Behavior and Behavior Mechanisms Behavioral Disciplines and Activities Eating Disorders Methods Body Image Psychiatry Health & Biological Sciences Psychiatric Disorders, Individual
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.

Nota di contenuto

Contents; Part I: The Body Project; 1: Introductory Information for Group Leaders; 2: Session 1; 3: Session 2; 4: Session 3; 5: Session 4; Part II: Elective Healthy Weight Intervention; 6: Introduction to Healthy Weight Intervention; 7: Session 1; 8: Session 2; 9: Session 3; 10: Session 4; 11: Implementation; Appendix - Facilitator Fact Sheet; References; About the Authors

Sommario/riassunto

1. Introductory Information for Facilitators 2. Session 1 3. Session 2
4. Session 3 5. Session 4 6. Effective Healthy Weight Intervention 7.
Session 1 8. Session 2 9. Session 3 10. Session 4 11. Conclusion
