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Sommario/riassunto	Jog your memory and be confident in your ability to adapt in the fast-paced OR environment Susan Sheets, the Association of Surgical Technologists' ""Educator of the Year"" in 2009, brings you the OR survival guide that fits in your pocket. Consult it at the start of your day or between cases to jog your memory and build your confidence. Refresh your knowledge of the essentials of aseptic technique, surgical conscience, anatomy, basic set-up, instruments, and sutures. Be ready for challenging situations with tips for communicating effectively in the OR. Anticipate need and attune your critical t