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Nota di contenuto	Front Cover; Half-title; Title; Copyright; Contents; Preface to Teachers: Using this Book to Instruct Students; Preface to Student Actors: Using this Book; Prologue; Creative (CI) and Reflective Inquiry (RI) Journey; Brief History of Theatre Acting; Theatre Vocabulary for the Acting Student: Top One Hundred and Sixty Essential Words; Theatrical Humor; Reading Plays; Closure for The Student Actor Prepares: Acting for Life: Prologue; Chapter One: Introduction to Theatre Acting; Unlimited Potential; Skills Developed by the Acting Process; Actor's Personal Autobiography Natural Talents and Aptitudes Acknowledging your Uniqueness; Positive New Experiences; Dealing with Inhibitors; Dealing with Negativism and Rejection in the Acting Biz; Winning Attitudes; Closure for Chapter One: Theatre Acting; Chapter Two: Creativity; Introduction to Creativity; Definition of Creativity; Say Yes to Creativity; Various Types of Creative Thinking: Brainstorming, Intuition, and Left Brain-Right Brain; Tips on How to Increase your Creativity; Experiences to Increase your Creativity; Left Brain/Right Brain Experience; Thinking Outside the Box How an Actor Benefits by Thinking Creatively Using Both Left and Right Brain Thinking in Acting; Closure for Chapter Two: Creativity; Chapter Three: Movement; Introduction to Movement; Definition of Movement; History of Movement Training; Introduction to Relaxation for Movement; The Bow; Video Recording as Part of your Rehearsal Process;

Preparation for Actor's Character Stance and Movement; Stage Stances and Movement; Introduction to Mime Study for the Actor; Closure for Chapter Three: Movement; Chapter Four: Vocal Work; Introduction to Vocal Work; Taking Care of your Voice  
Warm-Up for Vocal Experiences Vocal Vocabulary and Assignments; Song Lyrics for Vocal Work; Shakespeare for Vocal Interpretation; Closure for Chapter Four: Vocal Work; Chapter Five: Improvisation; Introduction to Improvisation; Definition of Improvisation; History of Improvisation; Why an Actor Studies Improvisation; Vocabulary Used in the Study of Improvisation; Difference between Giving a Speech and Solo Improvisation Performance; Difference between Ad Lib and Improvisation; How an Actor Uses Improvisation; Basic Principles of Improvisation; Warm-Ups for Improvisations; Solo Improvisation  
Closure for Chapter Five: Improvisation Chapter Six: Acting and Script Study; Introduction to Acting; History of Acting: Mechanical to Method; Master Acting Teachers; Acting Vocabulary; Reading and Analyzing a Script from an Actor's Point of View; Character Biography for a Monologue from a Play; Closure for Chapter Six: Acting and Script Analysis; Chapter Seven: Monologues; Introduction to Monologues; Definition of a Monologue; History of the Monologue; Monologue Vocabulary; Why an Actor Studies Monologues; The First Day: Monologue for Analysis and Staging; Warming Up  
Keeping it Real and in the Moment-Not Indicating

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**Sommario/riassunto**

The Student Actor Prepares is a practical, interactive approach to a student actor's journey.

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