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Nota di contenuto	Cover; Title Page; Copyright Page; Contents; Preface; Acknowledgments; Share Strength-Based Clinical Supervision: A Positive Psychology Approach to Clinical Training; Chapter 1: Perspectives on Supervision; Historical Overview of Supervision; Definitions and Importance of Supervision; Functions and Responsibilities of Supervision; Approaches to Supervision; Therapy-Based Models; Psychodynamic Therapy; Person-Centered Supervision; Cognitive Behavioral Supervision; Systemic Supervision; Developmental Supervision; Developmental Supervision Models; Other Models of Supervision Common Factors Approach Conclusion; Questions to Consider; Recommended Readings; Books; Articles and Book Chapters; References; Chapter 2: Foundations of Positive Psychology; Historical Overview; Core Concepts; Well-Being vs. Happiness; The Role of Circumstances; Strengths; Broaden-and-Build Theory; Eastern and Western Perspectives; Positive Organizational Scholarship; Enabling Institutions; Psychological Capital; Hope; Resilience; Optimism; Efficacy; Positive Psychology in the Workplace; Positive Deviance; Strength-Based Social Work Practice Positive Psychology's Contributions to Clinical Supervision Conclusion; Questions to Consider; Recommended Readings; Books; Articles; References; Chapter 3: Setting the Stage; Supervisee Characteristics;

Supervisor Characteristics; Good Supervision Events; The Working Alliance; Institutional Variables; Leadership Characteristics; Role Modeling; Getting the Most from Supervision; The Pygmalion Effect; Learning to Learn; Priming the Pump for Success; Reflective Supervision; Conclusion; Questions to Consider; Recommended Readings; Books; Articles and Book Chapters; References

Chapter 4: Uncovering Potential: Identifying and Developing Strengths

Bad Is Stronger Than Good; Strengths Theories; Strength-Based Therapy (Jones-Smith); The ROPES Model; Identifying Strengths; Instruments for Identifying Strengths; Strengths Applications; Questions to Consider; Using Strengths to Address Weaknesses; Conclusion; Questions to Consider; Recommended Readings; Books; Articles and Book Chapters; References; Chapter 5: Evaluation and Feedback; Goals; Goal-Setting Theory; Ensuring Adequate Training That Increases Mastery by Providing Success Experiences

Role-Modeling or Finding Models with Whom the Supervisee Can Identify Through Persuasive Communication That Expresses Confidence That the Person Can Attain the Goal; Strength-Based Goal Setting; Appreciative Inquiry; Feedback; Feedback Theory and Historical Review; Providing Effective Feedback; Process of Giving Feedback; Applying Motivational Interviewing Concepts to Feedback; The Role of Positive Emotions in Feedback; Feedback Learning; Criteria and Measures; Client-Outcome Measures; Evaluation of the Supervisory Process; Conclusion; Questions to Consider; Recommended Readings; Books

Articles

Sommario/riassunto

As evidenced by the recent proliferation of books about positive psychology, there is a growing realization about the importance of focusing on an individual's strengths. Yet there has been little written about positive psychology that applies this approach to training and supervision. To fill this void, Strengths-Based Clinical Supervision combines the principles of positive psychology with research on effective supervision and training from various disciplines along with the characteristics of effective clinical supervisors. Designed for use with courses on clinical supervision in psychology
