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Nota di bibliografia	Includes bibliographical references at the end of each chapters and index.
Nota di contenuto	chapter 1 Attachment theory and the John Bowlby Memorial Lecture 2011: a short history / Kate White -- chapter 2 The effort of empathy / Sue Gerhardt -- chapter 3 Love bombing: a simple self-help intervention for parents to reset their child's emotional thermostat / Oliver James -- chapter 4 To shed what still attempts to cling as if attached by thorns / Jane Haynes -- chapter 5 Creating, destroying, and restoring Sanctuary within caregiving organisations: the eighteenth John Bowlby Memorial Lecture -- chapter 6 "What happens after this quiet bit? I may have to leave now." The risks of empathy / Eleanor Richards -- chapter 7 Empathy and earned security: reciprocal influences, ruptures, and shifts in the psychotherapeutic process / Anastasia Patrikiou.
Sommario/riassunto	The 2011 John Bowlby Memorial Conference, 'From Broken Attachments to Earned Security - The Role of Empathy in Therapeutic Change', focused on what needs to take place to facilitate empathy and attunement and ultimately the achievement of earned security. The

conference posed the challenge of how to re-establish a secure sense of self, mutuality, and the capacity for inter/intra-subjectivity when difficulties in empathy and attunement exist as a result of relational trauma. This can be between parent and child, within adult relationships, between client and therapist, or in organisational contexts. The outstanding collection of papers in this volume make a significant contribution to the field of attachment and our understanding of how child rearing affects each aspect of our lives, from the interpersonal to the organisational and societal. Each paper moves beyond the academic and theoretical to provide answers to the many difficult questions raised at the conference.

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