

1. Record Nr.	UNINA9910790967703321
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Titolo	Baba's kitchen medicines : folk remedies of Ukrainian settlers in Western Canada / / Michael Mucz
Pubbl/distr/stampa	Edmonton, Alberta : , : The University of Alberta Press, , 2012 ©2012
ISBN	0-88864-681-X
Descrizione fisica	1 online resource (266 pages) : illustrations, maps
Disciplina	398/.3561
Soggetti	Ukrainians - Medicine - Prairie Provinces Traditional medicine - Prairie Provinces
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Bibliographic Level Mode of Issuance: Monograph
Nota di bibliografia	Includes bibliographical references and index.
Sommario/riassunto	Michael Mucz's prolonged primary research into Ukrainian-Canadian folk history culminates in Baba's Kitchen Medicines. This book bursts with the cultural memory of pioneering folk from Canada's prairieland. From fever to frostbite, this incomparable compendium of tinctures, poultices, salves, decoctions, infusions, plasters, and tonics will fascinate and often mortify readers from all walks of life. The comprehensiveness of Mucz's research and interviews framed with deftly painted historical, cultural, and botanical backgrounds guarantee that this chapter of the Canadian story will continue to be told for generations to come. It is a deep, charming, and often moving work of intricate anthropology that will stir scholar and non-specialist alike.