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Nota di contenuto	Cover; Title Page; Copyright; Contents; PracticePlanners® Series Preface; Acknowledgments; Introduction; Why Homework?; How to Use This Homework Planner; About the Assignments; Carrying out the Assignment; Section 1-Academic Underachievement; Exercise 1.A Establish a Homework Routine; Exercise 1.B Positive Self-Statements; Exercise 1.C Reading Adventure; Section 2-Adoption; Exercise 2.A Questions and Concerns About Being Adopted; Exercise 2.B Some Things I Would Like You to Know About Me; Section 3-Anger Control Problems; Exercise 3.A Anger Control; Exercise 3.B Child Anger Checklist Exercise 3.C The Lesson of Salmon Rock . . . Fighting Leads to Loneliness Section 4-Anxiety; Exercise 4.A An Anxious Story; Exercise 4. B Deep Breathing Exercise; Exercise 4.C Finding and Losing Your Anxiety; Exercise 4.D Worry Time; Section 5-Attachment Disorder; Exercise 5.A Attachment Survey; Exercise 5.B Building Relationships; Section 6-Attention-Deficit/Hyperactivity Disorder (ADHD); Exercise 6. A Getting It Done; Exercise 6.B Problem-Solving Exercise; Exercise 6.C Social Skills Exercise; Section 7-Autism Spectrum Disorder; Exercise 7.A Initial Reaction to Diagnosis of Autism Exercise 7.B Reaction to Change and Excessive Stimulation Section 8- Blended Family; Exercise 8.A Blended Family Sentence Completion;

Exercise 8.B Interviewing My New Family Member; Exercise 8.C Thoughts and Feelings About Parent's Live-In Partner; Section 9-Bullying/Intimidation Perpetrator; Exercise 9.A Apology Letter for Bullying; Exercise 9.B Bullying Incident Report; Section 10-Conduct Disorder/Delinquency; Exercise 10.A Building Empathy; Exercise 10.B Childhood Patterns of Stealing; Exercise 10.C Concerns About Parent's Drug or Alcohol Problem
Exercise 10.D Risk Factors Leading to Child Behavior Problems
Section 11-Depression; Exercise 11.A Childhood Depression Survey; Exercise 11.B Replace Negative Thoughts With Positive Self-Talk; Exercise 11.C Surface Behavior/Inner Feelings; Exercise 11.D Three Ways to Change the World; Section 12-Disruptive/Attention-Seeking; Exercise 12.A Finding Ways to Get Positive Attention; Exercise 12.B Reasons for Negative Attention-Seeking Behaviors; Section 13-Divorce Reaction; Exercise 13.A Feelings and Faces Game; Exercise 13.B My Thoughts and Feelings About My Parents' Divorce
Section 14-Enuresis/Encopresis
Exercise 14.A Bladder Retention Training Program; Exercise 14.B Bowel Control Training Program; Exercise 14.C Dry Bed Training Program; Section 15-Fire Setting; Exercise 15.A Fireproofing Your Home and Family; Three-Step Plan for Parents; Exercise 15.B When a Fire Has No Fuel; The Good Things About my Family; Identifying Grievances; Section 16-Gender Identity Disorder; Exercise 16.A I Want to Be Like . . .; Exercise 16.B One-on-One; Section 17-Grief/Loss Unresolved; Exercise 17.A Create a Memory Album; Exercise 17.B Grief Letter
Exercise 17.C Petey's Journey Through Sadness

Sommario/riassunto

New and updated assignments and exercises meet the changing needs of mental health professionals. The Child Psychotherapy Homework Planner, Fifth Edition provides you with an array of ready-to-use, between-session assignments designed to fit virtually every therapeutic mode. This easy-to-use sourcebook features: 93 ready-to-copy exercises covering the most common issues encountered by children, such as academic underachievement, low self-esteem, depression, and separation anxiety. A quick-reference format-the interactive assignments are grouped by behavi
