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Autore	Unrau Harlan D
Titolo	A history of the lands added to Death Valley National Monument by the California Desert Protection Act of 1994 [[electronic resource] ] : special history study // by Harlan D. Unrau
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Nota di contenuto	Machine generated contents note: Foreword by Parker J. Palmer vii Preface xi Acknowledgments xvii The Authors xxi PART ONE Theoretical and Practical Background 1 1 Transformation and Renewal in Higher Education 3 2 Current Research on Contemplative Practice 21 3 Contemplative Pedagogy in Practice: Two Experiences 39 4 Teacher Preparation and Classroom Challenges 67 PART TWO A Guide to Contemplative Practices 87 Introduction to the Practices 89 5 Mindfulness 95 6 Contemplative Approaches to Reading and Writing 110 7 Contemplative Senses: Deep Listening and Beholding 137 8 Contemplative Movement 159 9 Compassion and Loving Kindness 174 10 Guest Speakers, Field Trips, and Retreats 189 11 Conclusion 198 Afterword by Arthur Zajonc 205 References 207 Index 217 .
Sommario/riassunto	Contemplative pedagogy is a way for instructors to:empower students to integrate their own experience into the theoretical material they are being taught in order to deepen their understanding;help students to develop sophisticated problem-solving skills;support students' sense of connection to and compassion for others; and engender inquiries into

students' most profound questions. Contemplative practices are used in just about every discipline—from physics to economics to history—and are found in every type of institution. Each year more and more

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