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Sommario/riassunto

Learn how to help your congregants work cooperatively with mental health professionals! This revised edition of *The Soul in Distress* is a reader-friendly overview of the full range of adult psychiatric disorders. Updated with new information on genetics, brain scans, heredity, developmental concerns, new medications, and stress, it suggests ways for clergy to assist their congregants suffering from these illnesses and provides ethical guidance and clinical examples, often illustrating how physical disease can affect mental health. It also examines new short-term therapies and ways to
