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Autore	Parkes Colin Murray
Titolo	Bereavement : studies of grief in adult life
Pubbl/distr/stampa	London ; ; New York : , : Routledge, , 2010
ISBN	1-315-82975-4 1-317-85081-5 1-317-85082-3
Edizione	[Fourth edition.]
Descrizione fisica	1 online resource (618 p.)
Altri autori (Persone)	PrigersonHolly G
Disciplina	155.9/37
Soggetti	Bereavement - Psychological aspects Grief
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
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Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	The cost of commitment -- The broken heart -- Trauma -- Attachment and loss -- Mitigation -- Anger and guilt -- Changing the assumptive world -- Complicated grief -- Determinants of grief -- Determinants of grief -- Determinants of grief -- Helping the bereaved : bereavement support- history and evaluation -- Helping the bereaved : types of help for types of problem -- Helping the bereaved : sources of help -- Reactions to other types of loss -- Disasters.
Sommario/riassunto	The loss of a loved one is one of the most painful experiences that most of us will ever have to face in our lives. This book recognizes that there is no single solution to the problems of bereavement but that an understanding of grief can help the bereaved to realize that they are not alone in their experience. Long recognized as the most authoritative work of its kind, this new edition has been revised and extended to take into account recent research findings on both sides of the Atlantic. Parkes and Prigerson include additional information about the different circumstances of bereavement including traumatic losses, disasters, and complicated grief, as well as providing details on how social, religious, and cultural influences determine how we grieve. Bereavement provides guidance on preparing for the loss of a loved one, and coping after they have gone. It also discusses how to identify the minority in whom bereavement may lead to impairment of physical

and/or mental health and how to ensure they get the help they need.--
Jacket.
