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Sommario/riassunto	This accessible desk reference will assist clinicians in easily incorporating findings from current evidence-based research into their day-to-day practice. It bridges the gap between empirical research and the needs of practicing clinicians or clinicians-in-training, who often don?t have the time or background to consult the extensive research literature. The guide provides concise, easily digestible summaries of the most current research regarding interventions?both psychotherapeutic and medical -- for over 80 of the most common clinical disorders and mental health issues. These summaries pre