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| Titolo | Handbook of health behavior change // edited by Kristin A. Riekert, Judith K. Ockene, Lori Pbert |
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| Edizione | [Fourth edition.] |
| Descrizione fisica | 1 online resource (530 p.) |
| Altri autori (Persone) | RiekertKristin A OckeneJudith K PbertLori |
| Disciplina | 613 |
| Soggetti | Health - Decision making Health behavior |
| Lingua di pubblicazione | Inglese |
| Formato | Materiale a stampa |
| Livello bibliografico | Monografia |
| Note generali | Description based upon print version of record. |
| Nota di bibliografia | Includes bibliographical references and index. |
| Nota di contenuto | Individual theories / Noreen M. Clark and Mary R. Janevic -- Understanding population health from multi-level and community-based models / Marion L. Fitzgibbon, Angela Kong, and Lisa Tussing-Humphreys -- Health systems models / Russell E. Glasgow and Kurt C. Stange -- Psychosocial predictors of behavior change / Summer L. Williams, Kelly B. Haskard-Zolnierok, and M. Robin DiMatteo -- Developmental influences on behavior change : children, adolescents, and the elderly / Crystal S. Lim, Elizabeth Schneider, and David M. Janicke -- Culture, behavior, and health / Milagros C. Rosal, Monica Wang, and Jamie S. Bodenlos -- Dietary behaviors : promoting healthy eating / Cynthia A. Thomson and Gary Foster -- Physical activity behavior / Lauren A. Grieco, Jylana L. Sheats, Sandra J. Winter, and Abby C. King -- Addressing tobacco use and dependence / Lori Pbert, Denise Jolicouer, Rashelle Hayes, and Judith K. Ockene -- Alcohol prevention and treatment : interventions for hazardous, harmful and dependent drinkers / Ruth McGovern and Eileen Kaner -- Reducing stress to improve health / Ellen A. Dornelas, Jonathan Gallagher, and Matthew M. Burg -- Building a science for multiple-risk behavior change / Judith J. Prochaska, Janice M. Prochaska, and James O. |

Prochaska -- Chronic disease management interventions : cardiovascular disease / Laura L. Hayman and Monika M. Mruk -- Diabetes management behaviors : the key to optimal health and quality of life outcomes / Korey K. Hood, Jennifer K. Raymond, and Michael A. Harris -- Respiratory diseases / Josie Welkom -- Infectious diseases / Scott D. Rhodes, Aimee M. Wilkin, and Laura H. Bachmann -- Adherence to treatment and lifestyle changes among people with cancer / Amy H. Peterman, David Victorson, and David Cella -- Obesity / Lora E. Burke and Melanie W. Turk -- School interventions to support health behavior change / Rebekka M. Lee and Steven L. Gortmaker -- Prevention and management of chronic disease through worksite health promotion / Stephenie C. Lemon and Barbara Estabrook -- Healthcare provider and system interventions promoting health behavior change / Anne C. Dobmeyer, Jeffrey L. Goodie, and Christopher L. Hunter -- The role of the built environment in supporting health behavior change / Angie L. Cradock and Dustin T. Duncan -- Principles of health behavior measurement / Marisa Hilliard -- Translational research phases in the behavioral and social sciences : adaptations from the biomedical sciences / Stephenie C. Lemon, Deborah J. Bowen, Milagros C. Rosal, Sherry L. Pagoto, Kristin L. Schneider, Lori Pbert, Monica Wang, Jennifer D. Allen, and Judith K. Ockene -- Future directions / Kristin A. Riekert, Judith K. Ockene, and Lori Pbert.

Sommario/riassunto

Choice Outstanding Academic Title! 4 Stars - Doody's!. Praise for the Third Edition:. ""This work will be one that students and clinicians keep on their shelves as the gold-standard reference for health behavior change. Summing up: Essential"". --Choice. Substantially revised to reflect current trends in the field of health behavior change, this new edition of the highly acclaimed ""gold standard"" text continues to provide a comprehensive overview of behavior change as it relates to public health. It has been extensively reorganized to eliminate redundancies in the earlier edition, and takes
