1. Record Nr. UNINA9910790762903321 Autore Hendy Helen **Titolo** Reduce child obesity: a guide to using the kid's choice program in school and at home / / Helen Hendy, Keith Williams and Thomas Pubbl/distr/stampa Lanham:,: Rowman &Littlefield Education,, [2013] ©2013 **ISBN** 1-61048-793-1 Descrizione fisica 1 online resource (127 p.) Altri autori (Persone) CamiseThomas WilliamsKeith 618.92398 Disciplina Soggetti Obesity in children - Diet therapy Obesity in children - Prevention Weight loss Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Description based upon print version of record. Nota di bibliografia Includes bibliographical references. Nota di contenuto CONTENTS; LIST OF CHAPTER INSERTS; Chapter 1: INTRODUCTION TO THE KID'S CHOICE PROGRAM; Chapter 2: DEVELOPMENT OF CHILDREN'S HEALTH BEHAVIORS: Chapter 3:RESEARCH DOCUMENTING KCP EFFECTIVENESS; Chapter 4:KCP APPLICATION: SCHOOL PROCEDURES; Chapter 5:KCP APPLIC ATION: PERSONNEL; Chapter 6:KCP APPLICATION: MATERIALS AND COSTS; Chapter 7: DOCUMENTING YOUR KCP EFFECTIVENESS (OPTIONAL); Chapter 8:OTHER PARENT MEALTIME ACTI ONS: Chapter 9:WHEN TO SEEK PROFESSIONAL HELP: REFERENCES: ACKNOWLEDGMENTS; ABOUT THE AUTHORS Reduce Child Obesity: A Guide to Using The Kid's Choice Program in Sommario/riassunto School and at Home provides school leaders with a practical guide for applying the Kid's Choice Program (KCP), which is a school-based program to promote healthy behaviors and reduce the risk of child obesity. The KCP Guide may also be used by health researchers to

document the program's effectiveness.