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Nota di contenuto	<p>""Complementary Therapies for Older People in Care"";</p> <p>""Acknowledgements""; ""Disclaimer""; ""Introduction""; ""Chapter 1: Support Aids, Special Needs and Communication""; ""Part One: Special Aids and Special Needs""; ""A visit to a nursing home""; ""Safety and security""; ""Communication with the nursing staff""; ""Information and data""; ""The client""; ""Client assessments and reports""; ""Part Two: Protheses and Support Aids""; ""Protheses""; ""Catheters""; ""Colostomy bags""; ""Oxygen masks""; ""Braces""; ""Dentures""; ""Walking frames""; ""Walking sticks""; ""Wheelchairs""</p> <p>""Motorised wheelchairs""""Motorised or mobility scooters""; ""Mobile lounge chairs (recliner chairs or easy chairs)""; ""Mobile bed tables""; ""Drinking cups""; ""Part Three: Communication and Understanding the Needs of Frail Older People""; ""Moving into a nursing home""; ""Dealing with dementia""; ""Privacy issues""; ""Empathy and sympathy""; ""Detachment (for the therapist)""; ""Death of a client""; ""Communication impairment""; ""Chapter 2: Medication, Illness and Nutritional Impairment""; ""Part One: Medication and Its Side Effects""; ""Side effects to the skin""</p> <p>""Side effects to the fingernails and toenails""""Unwanted facial hair growth""; ""Part Two: Illness and Disabilities""; ""Dementia and Alzheimer's disease""; ""Beauty therapy for clients with dementia""; ""Hairdressing""; ""Natural therapies for residents in aged care""; ""Parkinson's disease (PD)""; ""Cardiovascular disease""; ""Cerebrovascular disease (CD) (stroke)""; ""Arthritis""; ""Lupus"";</p>

""Multiple sclerosis (MS)""; ""Diabetes""; ""Emphysema""; ""Chronic bronchitis""; ""Pneumonia""; ""Vision impairment""; ""Hearing impairment""; ""Part Three: Nutritional Impairment""  
""Teeth and dentures""""Importance of water intake for older persons""; ""Social dining for low care residents""; ""Tips for the therapist""; ""Chapter 3: Hygiene Practice""; ""Personal hygiene""; ""The client in the salon or clinic""; ""Hygiene care for the therapist""; ""Equipment hygiene""; ""Hygiene standards in the salon or clinic""; ""Linen hygiene""; ""Packing the cosmetic bag""; ""The client's cosmetic hygiene care""; ""Pathogen prevention procedures""; ""Infections and immunity""; ""Immunity to infection""; ""Immunisation concerns for the therapist""  
""Chapter 4: Fingernail and Skin Care Tips""""Common fingernail problems""; ""Coloured nails a€? What do they mean?""; ""Treating hands and fingernails""; ""Nail polish and nail polish remover""; ""Simple tips""; ""Skin care tips""; ""Common skin disorders in older persons""; ""Safety tips for the therapist""; ""Chapter 5: Cosmetics and Beauty Therapy""; ""Understanding the use of cosmetics""; ""The use of sorbolene creams""; ""Application of cosmetic creams and lotions""; ""What cosmetics should I use on my client?""; ""Selling cosmetics in aged-care homes""  
""Beauty care for older persons""

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## Sommario/riassunto

An invaluable companion for complementary and beauty therapists working with older people in care, this book offers helpful information and advice on practical issues that are often overlooked in training, including:

- Assessing older clients for appropriate treatments
- Communicating effectively with older clients, relatives and care staff
- Adapting treatments for older clients with particular health conditions, including dementia
- Working around beds, wheelchairs, walking frames and medical equipment
- Hygiene, safety and ethical considerations
- Guidance on using specific complementary therapies and

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