Record Nr. UNINA9910790546003321 Autore Tacey David J (David John), <1953-, > Titolo Gods and diseases: making sense of our physical and mental wellbeing // David Tacey London;; New York:,: Routledge,, 2013 Pubbl/distr/stampa **ISBN** 0-415-52063-0 1-135-08576-5 0-203-06922-6 1-135-08577-3 Edizione [First edition.] Descrizione fisica 1 online resource (262 p.) Disciplina 201/.7621 Soggetti Mental health - Religious aspects - Christianity Healing - Religious aspects - Christianity Spiritual healing Psychology, Religious Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia "First published in English, Australia by HarperCollins Publishers Note generali Australia Pty Limited in 2011"--T.p. verso. Includes bibliographical references (pages [240]-255) and index. Nota di bibliografia Cover; Title Page; Copyright Page; Table of Contents; Introduction: Nota di contenuto Return of the Gods; Intuitive thinking ; Indigenous influence; The practical nature of spirituality ; My path to here : Intellectual standpoint Author's note 1. Gods and Diseases: Archetypes and subtle forces ; Diseases of the spirit ; Archetypal medicine The problem of credibility Seeing through to the metaphor 'It's only psychological': popular approaches and positive thinking; Wrestling with our demons ; The spiritual roots of healing ; Metaphor as illness

The theory in plain language

2. The Suffering of Spiritual Rebirth; The induction into spirit

: The natural state overcomes itself

; Metaphors of death and rebirth

Spiritual initiation in the context of jungian thought

The function and character of the Self; The human journey and the stages of life

; The spiritual meaning of life

Exile and homecoming

## Sommario/riassunto

<P>Today's society faces many problems that cannot be solved by the application of reason, logic or medicine. Some of these include alcoholism, suicide, drug addiction and child abuse to name but a few. Many mental health problems are on the increase such as depression, phobias and anxiety with no obvious solution in sight.
<P>In Gods and Diseases, David Tacey argues that the answers lie in leaving behind the confines of conventional medicine. Instead we should turn towards spirituality and to what he calls 'meaning-making', to make sense of our physical and mental wellbeing and explore how