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Altri autori (Persone)	GrecoLaurie A HayesSteven C
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Nota di contenuto	Acceptance and mindfulness for youth: it's time / Steven C. Hayes and Laurie A. Greco -- Third-wave behavior therapies for children and adolescents: progress, challenges, and future directions / Karen M. O'Brien, Christina M. Larson, and Amy R. Murrell -- Assessment of acceptance and mindfulness processes in youth / Lisa W. Coyne, Daniel Cheron, and Jill T. Ehrenreich -- Treating anxiety with mindfulness: mindfulness-based cognitive therapy for children / Randye J. Semple and Jennifer Lee -- Acceptance and commitment therapy for pediatric chronic pain / Rikard K. Wicksell and Laurie A. Greco -- Dialectical behavior therapy for adolescents with borderline features / Kristen A. Woodberry, Rosemary Roy, and Jay Indik -- Mindfulness-based stress reduction for school-age children / Amy Saltzman and Philippe Goldin -- Acceptance and commitment therapy for childhood externalizing disorders / Michael P. Twohig, Steven C. Hayes, and Kristoffer S. Berlin -- Acceptance, body image, and health in adolescence / Laurie A. Greco ... [et al.] -- Mindful parenting: an inductive search process / Robert Wahler, Katherine Rowinski, and Keith Williams -- Integrating acceptance and commitment therapy into pediatric primary care /

Patricia J. Robinson -- The role of the behavioral consultant in promoting acceptance in the schools / Leslie J. Rogers ... [et al.]

Sommario/riassunto

The essays in Acceptance and Mindfulness Treatments for Children and Adolescents-which are edited by two luminaries in the field of third-wave behavior therapy-offer a much-needed adaptation of these revolutionary techniques for young people and their families, providing a wealth of new approaches to therapists, counselors, and other helping professionals.