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part of the treatment team: treatment culture and standard of care challenges; Chapter12 Effectively engaging the family in treatment; Chapter13 Involving carers: a skills-based learning approach Chapter14 The therapeutic alliance in cognitive behavioural therapy for adults with eating disordersChapter15 Integrating dialectical behaviour therapy and family-based treatment for multidagnostic adolescent patients; Chapter16 Couples therapy for anorexia nervosa; Chapter17 Relapse prevention; Part 3 Clinical presentations of subgroups; Introduction; Chapter18 Childhood and adulthood: when do eating disorders start and do treatments differ?; Chapter19 Recognising and diagnosing early onset eating disorders; Chapter20 Food phobia of childhood; Chapter21 Unravelling binge eating disorder Chapter22 Eating disorders in women of African descentChapter23 Eating disorders and athletes; Chapter24 Male eating disorders; Part 4 Changing the culture; Introduction; Chapter25 Narrowing the psychotherapy research-practice gap; Chapter26 Why carers need to know about research; Chapter27 Promoting a full agenda of rights; Chapter28 The patient-family-clinician-researcher questfor quality care; Index

Sommario/riassunto

"While many aspects of eating disorders remain a mystery, there is growing evidence that collaboration is an essential element for treatment success. This book emphasises and explains the importance of family involvement as part of a unified team approach towards treatment and recovery. A Collaborative Approach to Eating Disorders draws on up-to-date evidence based research as well as case studies and clinical vignettes to illustrate the seriousness of eating disorders and the impact on both the sufferer and their loved ones. Areas of discussion include: -current research including genetic factors, socio-cultural influences and early intervention -clinical applications such as family based dialectical and cognitive behavioural treatments - treatment developments for both adolescents and adults with a range of eating disorders -building collaborative alliances at all levels for treatment and ongoing recovery. With contributions from key international figures in the field, this book will be a valuable resource for students and mental health professionals including family doctors, clinicians, nurses, family therapists, dieticians and social workers"--
Provided by publisher.
