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Nota di contenuto	Responding to Self-Harm in Children and Adolescents: A Professional's Guide to Identification, Intervention and Support; Introduction; Chapter 1: Understanding Self-Harm; What is self-harm?; How common is this problem?; Who is likely to self-harm?; Socially excluded children and their families; Models of self-harm; Myths about self-harm; Chapter 2: Recognising and Treating Self-Harm; The professional context; Defining problems; The link with child and adolescent mental health; Child and adolescent development; Adolescent well-being; Why is it important to promote adolescent well-being? Methods and models of practice Risk assessment; Assessing the level of risk; Internet use and self-harm; Chapter 3: Early Intervention, Prevention and the Journey to Recovery; Immediate help and support; Cutting; Self-poisoning and overdosing; Wound assessment; Consent; What happens next?; Characteristics of young people who have tried to harm, hurt or kill themselves; Domestic violence; Children with special needs; Why is self-harm prevalent in young people?; Common therapeutic methods; Early intervention; Prevention strategies; Efficacy

of preventive work

Appendix 2 The Short-Term Physical and Psychological Management and Secondary Prevention of Self-Harm in Primary and Secondary Care  
Appendix 3 Useful Resources and Organisations; References; Index; Blank Page

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Sommario/riassunto

This is a practical guide for professionals on understanding and responding to self-harm in children and adolescents. It includes information about what self-harm is and who is likely to self-harm, and provides practical advice on how to identify self-harm, how to respond and intervene, and how to support the child or young person.

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