

1. Record Nr.	UNINA9910790347103321
Titolo	Harm reduction in substance use and high-risk behaviour [[electronic resource]] : international policy and practice / / edited by Richard Pates, Diane Riley
Pubbl/distr/stampa	Chichester [England], : Wiley-Blackwell, 2012
ISBN	1-118-48483-5 1-118-34335-2 1-280-68506-9 9786613662002 1-118-34345-X
Descrizione fisica	1 online resource (490 p.)
Collana	Addiction Press
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Disciplina	362.19686
Soggetti	Substance abuse Harm reduction
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	section 1. Background -- section 2. Policy -- section 3. Specific interventions -- section 4. Regions -- section 5. Conclusions.
Sommario/riassunto	Harm Reduction is a philosophy of public health intended as a progressive alternative to the prohibition of certain potentially dangerous lifestyle choices. Recognising that certain people always have and always will engage in behaviours which carry risks, the aim of harm reduction is to mitigate the potential dangers and health risks associated with those behaviours. Harm Reduction in Substance Use and High-Risk Behaviour offers a comprehensive exploration of the policy, practice and evidence base of harm reduction. Starting with a history of harm reduction, the book addresses key ethic