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	Sommario/riassunto	Psychobiological Approaches for Anxiety Disorders presents a comprehensive overview of the latest empirical evidence and research

results on combining pharmacological agents and CBT techniques for the treatment of anxiety disorders. The first book to focus on the issue of enhancing CBT with pharmacological agents Features chapters from leading authors in the fields of psychiatry, pharmacology, clinical psychology, neuroscience, and emotion researchContributes significantly to the field by summarizing the contemporary research in combination treatments in anx