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Titolo	A comprehensive guide to suicidal behaviours : working with individuals at risk and their families // David Aldridge and Sergio Perez Barrero
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Descrizione fisica	1 online resource (194 p.)
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Soggetti	Suicidal behavior - Treatment Suicide - Prevention Suicide - Psychological aspects
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Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	A Comprehensive Guide to Suicidal Behaviours: Working with Individuals at Risk of Suicide and their Families; Note on Vocabulary; Chapter 1 Introduction: The Individual in a Process of Escalating Distress; Chapter 2 Suicidal Behaviour in a Historical Context; Chapter 3 Classifications of Suicide; Chapter 4 Myths about Suicide; Chapter 5 Talking about Suicidal Ideas; Chapter 6 Suicide Risk Groups; Chapter 7 Protective Factors in Suicidal Be; Chapter 8 Family Problems; Chapter 9 The Survivor and Complicated Grief; Chapter 10 Psychotherapy for Suicidal People in Crisis Chapter 11 The Internet: New Possibilities, Problems and Challenges in the Prevention of Suicide Chapter 12 Recommendations for a Suicide Prevention Strategy; Appendix 1: A Model of the Systemic Management of Distress; Appendix 2: Glossary of Terms; References; Further Information; Index; Blank Page
Sommario/riassunto	This book explains the classifications and manifestations of suicide, risk factors, at-risk groups and warning signs. Advice on effective communication and strategies for distress management are offered for

use with vulnerable individuals, those who have survived a suicide attempt and families coping with bereavement.
