

1. Record Nr.	UNINA9910790027903321
Autore	Frydenberg Erica <1943->
Titolo	Developing everyday coping skills in the early years [[electronic resource]] : proactive strategies for supporting social and emotional development // Erica Frydenberg, Jan Deans and Kelly O'Brien
Pubbl/distr/stampa	New York, : Continuum International Pub. Group, c2012
ISBN	1-4411-6010-8 1-280-12384-2 9786613527707 1-4411-8799-5
Descrizione fisica	1 online resource (169 p.)
Altri autori (Persone)	DeansJan O'BrienKelly
Disciplina	372.21
Soggetti	Affective education Adjustment (Psychology) in children Child development Early childhood education - Parent participation
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	pt. 1. Theory for the practitioner -- pt. 2. Moving, thinking, doing : applications and activities across disciplines and settings.
Sommario/riassunto	This book will help develop coping skills through arts and language-based activities. The strategies suggested build on childrens existing knowledge and skills to enhance their learning, and will all contribute to: improving all childrens emotional health and creativity developing resilience, particularly in periods of high stress such as transition from preschool to school increasing childrens capacity to cooperate, respect and work with others The authors also explain how to identify children at risk, particularly those experiencing anxiety or delay in social and emotional development so tha