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Titolo	Compact clinical guide to geriatric pain management [[electronic resource] ] : an evidence-based approach for nurses // Ann Quinlan-Colwell
Pubbl/distr/stampa	New York, : Springer, c2012
ISBN	1-280-12723-6 9786613531100 0-8261-0731-1
Descrizione fisica	1 online resource (461 p.)
Collana	Compact clinical guide series
Altri autori (Persone)	D'ArcyYvonne M
Disciplina	618.97/60472
Soggetti	Pain in old age Pain - Treatment
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Physiological factors and pain processing in the older adult -- The psychosocial impact of pain on the older adult patient -- Pain assessment in the older adult patient -- Pain assessment in the non-verbal, cognitively impaired older adult patient -- A review of pain assessment tools for use with the older adult -- Developing a comprehensive plan -- Choosing the right medication for the pain complaint -- Using adjunct medications for specific pain types -- Managing medication side effects and specific recommendations for using medications with older patients -- Interventional options such as vertebroplasty for compression fractures, nerve blocks, acupuncture -- Complementary methods for pain relief such as cognitive behavioral methods, energy techniques, music -- The role of physical therapy for reconditioning -- Palliative care techniques to promote comfort -- When hospice is the best option -- Arthritis and gout -- Chronic back pain and osteoporosis -- Neuropathic pain associated with post-herpetic neuralgia and diabetic neuropathy -- Central post stroke syndrome -- Facial pain associated with temporal arteritis and trigeminal neuralgia -- Rheumatological conditions (RA, polymyalgia rheumatica) -- Fibromyalgia -- Anxiety and depression in older adults -- Alcohol and substance use, misuse, and abuse.

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## Sommario/riassunto

Older adults can be especially susceptible to the debilitating effects of chronic pain, yet there are often barriers to successfully alleviating pain on the part of elderly patients and the health care professionals who treat them. This comprehensive guide to geriatric pain management provides the most current information available on assessment and treatment of pain in older adults. In a concise, reader-friendly format, the book provides techniques, tips, and tools for assessing pain and examines barriers to appropriate treatment. It addresses the physiological and psychosocial factors underl

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