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Nota di contenuto	Mentoring in Nursing and Healthcare A Practical Approach; Contents; About the editors; List of contributors; Preface; Acknowledgements; 1: Mentorship; Introduction; Mentoring and mentorship; Why do students need a mentor?; What should a mentor do?; Mentorship and coaching; Education support roles and functions; Summary; 2: The mentor-student relationship; Introduction; Policies for mentoring; Initiating the mentor-student relationship; Stages of the mentor-student relationship; Establishing a mentor-student relationship; Mentoring students through transitions Reflective practiceKnowledge used in practice; The components of reflective practice; Frameworks for reflection; What is reflexivity?; Why bother with reflection?; Critical incidents; Legitimising reflection; Summary; 5: Learning styles and teaching theories; Introduction; Personality traits; Self-awareness; Learning styles; Learning theories; How can mentors underpin successful learning?; Communication in a healthcare setting; Approaches to learning; Summary; 6: The mentor as assessor; Introduction; Why assess?; The mentor as assessor; Learning

environment and audit; Educational audit
Coercion in mentoringTypes of assessment; Assessing competence;
Reasonable adjustments; Failing a student: putting in the effort but
feeling guilty; Summary; 7: Competence and capability: a framework for
collaborative learning and working; Introduction; Competence and
capability; Interprofessional education and practice; The
Interprofessional Capability Framework; An analysis of the practice
utility of interprofessional capability in the contextof child safeguarding
or protection; Summary; 8: Mentoring - health improvement;
Introduction; Health improvement; Health improvement policies
Partnership workingEmpowerment; Portraying or enactment of the
health promoter role; Health inequalities; Ethical considerations;
Education and practice gap; Summary; 9: Career development;
Introduction; Pre-registration career pathways; Career entry routes;
Generic frameworks and policies for career progression; Career
planning or happy accident?; Diversity of roles; Using your mentoring
skills to further your career; Where would you like to see your career in
the future?; Summary; 10: Some final points; Introduction; Response to
scenario 10.1; Response to scenario 10.2
Response to scenario 10.3

Sommario/riassunto

Mentoring in Nursing and Healthcare is a practical, interactive resource that promotes active participation and enhances a deeper level of understanding of mentorship. It explores what is meant by the process of mentoring, addresses what a mentor is, what the role entails, and gives practical help on teaching and assessing students in clinical practice. Written primarily for mentors, this book offers a range of theoretical and practical activities and resources that are enhanced by online learning resources. Each chapter focuses on a different aspect of mentorship, including: <
