Record Nr. UNINA9910789929203321 Autore Young Susan <1957-> Titolo Cognitive-behavioural therapy for ADHD in adolescents and adults: a psychological guide to practice / / Susan Young and Jessica Bramham Chichester: Malden, Massachusetts: .: Wiley-Blackwell, . 2012 Pubbl/distr/stampa **ISBN** 1-280-58680-X 9786613616630 1-119-94343-4 Edizione [Second edition.] Descrizione fisica 1 online resource (xxii, 301 pages): illustrations YoungSusan <1957-> Altri autori (Persone) Disciplina 616.85/89 616.8589 616.85890651 Attention-deficit disorder in adolescence - Treatment Soggetti Attention-deficit disorder in adults - Treatment Cognitive therapy Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Description based upon print version of record. Revised edition of: ADHD in adults / Susan Young, Jessica Bramham. 2007. Nota di contenuto pt. 1. Background and treatment -- pt. 2. Core symptom modules -pt. 3. Comorbid and associated problem modules -- pt. 4. The future module. Sommario/riassunto The first edition of this book introduced the Young-Bramham Programme, a pioneering approach to cognitive behavioural treatment for ADHD in adults, which was well-received by clinical and academic communities alike. Based on the latest findings in the field, the authors have expanded the second edition to incorporate treatment strategies not only for adults, but also for adolescents with ADHD. Updates the proven Young-Bramham Programme to be used not only with adults but also with adolescents, who are making the difficult transition from

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