Record Nr. UNINA9910789923503321 Autore Cohl Barbara R. <1949-> **Titolo** Success for modern day relationships [[electronic resource]]: working with dating, engaged, and married couples / / Barbara R. Cohl Lanham, : Jason Aronson, c2012 Pubbl/distr/stampa **ISBN** 1-280-66997-7 9786613646903 0-7657-0926-0 Descrizione fisica 1 online resource (179 p.) Disciplina 616.89/1562 Couples - Counseling of Soggetti Marriage counseling Inglese Lingua di pubblicazione **Formato** Materiale a stampa Monografia Livello bibliografico Note generali Description based upon print version of record. Nota di bibliografia Includes bibliographical references and index. Nota di contenuto Contents: Acknowledgments: Introduction: 1 Time for a Change: 2 Assessment Phase: 3 Learning the Basic Skills of Listening and Understanding; 4 Learning Effective Communication Skills; 5 The Mystique of Compatibility; 6 What Happy Couples Can Teach Us; 7 What Unhappy Couples Can Teach Us: 8 Sharing Ideas and Providing Constructive Feedback: 9 Setting Goals and Meeting Expectations: 10 Flirting, Dating, and Intimacy; 11 Creating a Resource Library; 12 Planning for the Future; Bibliography; Index; About the Author Success for Modern Day Relationships by Barbara R. Cohl is a Sommario/riassunto compilation of practical, effective, empirically tested techniques and interventions that allow a therapist to evaluate and treat an array of marital issues. Cohl guides the reader through discussion, explanations, and examples based on her extensive experience with

actual couples serving as illustrative vignettes.