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Autore	Aubry Timothy Richard <1975->
Titolo	Reading as therapy [[electronic resource] ] : what contemporary fiction does for middle-class Americans // Timothy Aubry
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Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Searching for paradise on the Oprah Winfrey Show -- Therapy and displacement in divine secrets of the Ya-Ya sisterhood -- Infinite jest and the recovery of feeling -- The pain of reading A million little pieces -- The politics of interiority in The pilot's wife -- Reading The kite runner in America.
Sommario/riassunto	Why do Americans read contemporary fiction? This question seems simple, but is it? Do Americans read for the purpose of aesthetic appreciation? To satisfy their own insatiable intellectual curiosities? While other forms of media have come to monopolize consumers' leisure time, in the past two decades book clubs have proliferated, Amazon has sponsored thriving online discussions, Oprah Winfrey has inspired millions of viewers to read both contemporary works and classics, and novels have retained their devoted following within middlebrow communities.