

1. Record Nr.	UNINA9910789656003321
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Titolo	Arctic spring : potential for growth in adults with psychosis and autism // by Laura Tremelloni
Pubbl/distr/stampa	Boca Raton, FL : , : Routledge, an imprint of Taylor and Francis, , [2018] ©2005
ISBN	0-429-91092-4 0-429-89669-7 0-429-47192-0 1-283-24937-5 9786613249371 1-84940-497-6
Edizione	[First edition.]
Descrizione fisica	1 online resource (261 p.)
Classificazione	77.84
Disciplina	616.85/882
Soggetti	Psychoses - Patients - Rehabilitation Autistic people - Rehabilitation People with mental disabilities - Rehabilitation
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references.
Nota di contenuto	pt. 1. Theoretical aspects -- pt. 2. Case studies.
Sommario/riassunto	The title of this book takes us on an imaginary voyage to a distant land where people live in extremely difficult and uncomfortable climatic and environmental conditions. In the same way, psychotic and autistic patients seem to experience an emotional inner world characterized by loneliness and coldness. This frozen world of emotions is also reflected in the transference and prevents the formation of the therapeutic alliance, which is indispensable for the therapy to develop. The author compares the characteristics of autistic child psychotherapies and those of the adult cases illustrated.