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Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	pt. 1. Issues in psychotherapeutic research -- pt. 2. Getting started and exploring method -- pt. 3. Researching the therapeutic process -- pt. 4. Researching the therapeutic outcomes -- pt. 5. Researching the therapist and the therapeutic context.
Sommario/riassunto	This book marks an important watershed in the development of psychotherapy. It provides examples of how psychotherapeutic research and the abilities to carry it out can help the practising psychotherapist. A lack of relative knowledge of research in psychotherapy, a history of apparent defensiveness is being evaluated, and a reluctance to work with universities has developed in psychotherapy. The papers represent a cross-section of current research thinking from within the UKCP, North America and Continental Europe. It will prove useful for students and practitioners of psychotherapy, as well as those more traditionally engaged in psychotherapeutic research. The book has been divided into five

sections: Section One outlines what is meant by psychotherapeutic research and gives an overview of the features of different research methods. Section Two describes how to get started in the use of qualitative and quantitative methods. Section Three focuses on research into the process of psychotherapy.
