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Nota di contenuto	Pt. I. How we got here : historical restructuring and its social-ecological legacy. Introduction : what stress? What coasts? ; A social-ecological history of Canada's fisheries ; Not managing for scarcity : social-ecological issues in contemporary fisheries management and capture practices ; Social-ecological health and the history of the forest products industry on both coasts ; Social-ecological health and the history of nonrenewable resources on both coasts ; Cross-scale, cross-sector, and cross-purpose issues : overlap in the coastal zone -- Pt. II. The human impact of restructuring and social-ecological health. The restructuring of health care on both coasts since the 1980's ; The statistical face of restructuring and human health ; The human voice of social-ecological restructuring : jobs, incomes, livelihoods, ways of life, and human health ; Restructuring, nutrition, and diet on both coasts ;

The human voice of social-ecological restructuring II : youth, education, and health --  
Pt. III. Towards social-ecological health : coastal problems and potentials. Future options I : aquaculture, hatcheries, tourism, transportation, and local initiatives ; Future options II : the oil and gas potential of the Queen Charlotte and Tofino Basins ; New options for governance I : marine and coastal waters ; New options for governance II : the land and sea/land interface ; Building a more resilient future --  
Appendices. Interdisciplinary team research : the coasts under stress experience ; The coasts under stress team ; Glossary of technical terms ; Glossary of species mentioned in the text, by scientific name.

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Sommario/riassunto

Rosemary Ommer and her project team combine formal scientific (natural and social) and humanist analysis with an examination of the lived experience of coastal people. They analyze community erosion created by economic decline and the ecosystem damage caused by unrelenting industrial pressure on natural resources and look at the history of coastal communities, their resource bases, their economies, and the way the lives of people are embedded in their environments.

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