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Descrizione fisica	1 online resource (307 p.)
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Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Biologically speaking: an experimental autobiography -- Brain birth: a non-immaculate conception -- Brain growth: the illusion and reality of being a self -- Brain state: a self organizing process -- My experimental nature -- The genesis of my experimentalism -- Marginal modes of being -- Experimental social structures -- The nature of my experiments -- Psychoanalysis as thesis -- Brain science as antithesis -- Cognitive neuroscience as synthesis -- Experiments of nature -- Brain shock -- Brain death -- Heart failure -- Back ache -- Sleep strangulation -- Implications of my experiments -- Scientific -- Humanistic -- Philosophical -- Functional conclusions.
Sommario/riassunto	A pioneer in sleep and dream science surveys his life and work through the lens of dreaming and consciousness.