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Nota di contenuto	pt. 1. Meditatio and refashioning the self in literature, 1300-1600 -- pt. 2. Religious meditation in the late medieval and early modern theology -- pt. 3. Exercitia spiriutalia : meditation and the Jesuits -- pt. 4. Religious meditation in the visual arts, 13th-17th century.
Sommario/riassunto	The late medieval and early modern period is a particularly interesting chapter in the development of meditation and self-reflection. Meditation may best be described as a self-imposed disciplinary regime, consisting of mental and physical exercises that allowed the practitioner to engender and evaluate his self-image, and thence to emend and refashion it. The volume aims at examining the forms and functions, ways and means of meditation from c. 1300 to c. 1600. It tries to analyze the internal exercises that mobilized the sensitive faculties of motion, emotion, and sense (both external and internal) and the intellective faculties of reason, memory, and will, with a view to reforming the soul, and the techniques of visualization that were frequently utilized to engage the soul's mediating function as vinculum mundi , its pivotal position in the great chain of being between heaven

and earth, temporal and spiritual experience. Contributors include Barbara Baert, Wietse de Boer, Feike Dietz, Jan Frans van Dijkhuizen, Karl Enenkel, Jan de Jong, Walter Melion, Wolfgang Neuber, Hilmar Pabel, Jan Papy, Paul Smith, Diana Stanciu, Nikolaus Staubach, Jacob Vance, and Geert Warnar.
