Record Nr. UNINA9910789538003321 Autore Kenny Colum Titolo The Power of Silence: Silent Communication in Daily Life / / by Colum Kenny Pubbl/distr/stampa Boca Raton, FL:,: Routledge,, [2018] ©2011 **ISBN** 0-429-92178-0 0-429-90755-9 0-429-48278-7 1-283-11863-7 9786613118639 1-84940-897-1 Edizione [First edition.] Descrizione fisica 1 online resource (321 p.) 155.9115 Disciplina Soggetti Nonverbal communication Lingua di pubblicazione Inglese Materiale a stampa **Formato** Livello bibliografico Monografia Description based upon print version of record. Note generali Nota di bibliografia Includes bibliographical references and index. Nota di contenuto COVER; CONTENTS; FOREWORD; ABOUT THE AUTHOR; CHAPTER ONE Silent types: CHAPTER TWO Busy silence: CHAPTER THREE Theories of silence; CHAPTER FOUR Silence and the arts; CHAPTER FIVE Film, TV, and music; CHAPTER SIX Constraints of silence; CHAPTER SEVEN Silence in therapy; CHAPTER EIGHT Sacred silence; CHAPTER NINE The silence of God; EPILOGUE; BIBLIOGRAPHY; INDEX This book demonstrates that silence is eloquent, powerful, beautiful Sommario/riassunto and even dangerous. It surrounds and permeates our daily lives. Drawing on a wide range of cross-cultural, literary and historical sources, the author explores the uses and abuses of silence. He explains how silence is not associated with solitude alone but has a much broader value within society. The main themes of The Power of Silence are positive and negative uses of silence, and the various ways in which silence has been understood culturally, socially and spiritually. The book's objectives are to equip people with a better appreciation of the value of silence and to enable them to explore its benefits and uses more easily for themselves.