

1. Record Nr.	UNINA9910789536103321
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Titolo	The herald dream : an approach to the initial dream in psychotherapy / / Richard Kradin
Pubbl/distr/stampa	London : , : Routledge, , 2018
ISBN	0-429-90675-7 0-429-48198-5 1-283-12615-X 9786613126153 1-84940-525-5
Edizione	[1st]
Descrizione fisica	1 online resource (171 p.)
Disciplina	154.634 616.8914
Soggetti	Dream interpretation Dreams
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	pt. 1. Dreams : Theory and practice -- pt. 2. Herald dreams.
Sommario/riassunto	This monograph focuses on a systemic approach to dream interpretation and the unique importance of the initial dream. The first dream reported in a psychoanalytic therapy session poignantly encapsulates the major issues that the patient brings to the treatment. These dreams 'herald' the trajectory of the treatment and can be interpreted in the service of psychodynamic diagnosis and prognosis. The book melds aspects of Jungian dream analysis, with neo-Freudian analytic thought, current neurobiological concepts, and Buddhist psychology, to yield a rich and powerful understanding of how dreams sy