Record Nr. UNINA9910789446703321 Autore Alexandris Athina Titolo Countertransference: Theory, Technique, Teaching / / by Athina Alexandris Pubbl/distr/stampa Boca Raton, FL:,: Routledge,, [2018] ©1992 **ISBN** 0-429-91233-1 0-429-89810-X 0-429-47333-8 1-283-11823-8 9786613118233 1-84940-116-0 Edizione [First edition.] 1 online resource (295 p.) Descrizione fisica Disciplina 150.195 616.8914 Soggetti Countertransference (Psychology) Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Description based upon print version of record. Nota di bibliografia Includes bibliographical references and index. Nota di contenuto pt. 1. Countertransference: theoretical and technical aspects -- pt. 2. Clinical illustrations of countertransference: theoretical and technical considerations -- pt. 3. Aspects of countertransference-transference interaction in supervision. Sommario/riassunto A collection of papers on the Oedipus complex, divided into three parts: theory, practice and supervision. The contributors, who include Joyce McDougall, Hanna Segal, Otto Kernberg and Leon Grinberg, invite the reader to explore with them the processes affecting the therapist's mind - and, occasionally his body - during psychoanalytic therapy, and the reasons why the therapist thinks, feels, and reacts in a particular way. The full significance of these processes, referred to as "countertransference" since Freud's time, has recently been recognized, resulting in the therapist's use of additional resources so that he or she can understand and help the patient more effectively. In the 1950s and

1960s, Paula Heimann and Heinrich Racker, following on Freud's own

observations, made important contributions to the study of the

countertransference, considerably enlarging upon the concept and reevaluating the nature of the psychoanalytic therapeutic relationship as a result.