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Nota di contenuto	COVER; CONTENTS; ACKNOWLEDGEMENTS; PREFACE; CHAPTER ONE: Shame and jealousy; CHAPTER TWO: Further reflections on shame; CHAPTER THREE: Psychic murder syndrome; CHAPTER FOUR: Jealousy; CHAPTER FIVE: Shame in the psychoanalytic consulting room; Concluding summary; A note on psychoanalysis for the general reader; REFERENCES; INDEX
Sommario/riassunto	A volume in the Psychoanalytic Ideas Series, published for the Institute of Psychoanalysis by Karnac. Here, shame and jealousy are examined as hidden turmoils; as basic human feelings found in everyone but often suppressed and neglected. An unfulfilled need, unanswered plea for help, and failure to connect with and understand other people are all underlying causes for shame and feeling inadequate. The author argues that feelings of shame form an intrinsic part of the analytic encounter but 'astonishingly, this shame-laden quality of the psychoanalytic and

psychotherapeutic setting is rarely addressed. This lucidly written and much-needed volume explores the profound effects shame and jealousy can have on self-esteem and how this can eventually lead to a chronic condition.

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