

1. Record Nr.	UNINA9910789419303321
Autore	Langs Robert <1928->
Titolo	Empowered psychotherapy : teaching self-processing : a new approach to the human psyche and its reintegration // Robert Langs ; foreword by James S. Grotstein
Pubbl/distr/stampa	[Place of publication not identified] : , : Routledge, , 2020
ISBN	0-429-91322-2 0-429-89899-1 0-429-47422-9 1-283-12492-0 9786613124920 1-84940-172-1
Descrizione fisica	1 online resource (279 p.)
Disciplina	616.8914
Soggetti	Psychotherapy
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	pt. 1. Background perspectives -- pt. 2. Communication : listening and formulating -- pt. 3. The techniques of self-processing.
Sommario/riassunto	This book presents some uncommon lines of clinical observation and thought that hopefully will shed new light on the work and thinking of the full range of helping professionals. It provides the insights and techniques that characterize the empowered form of psychotherapy.